

poker em sao paulo

<p>Tilt Defined</p>

<p>What exactly is tilt? Tilt, tilting, or being tilted is an altered ment

</p>

<p>state when you are at the 🎅 poker table, specifically being a

ngry or in a frustrated</p>

<p>emotional state of mind when playing poker. This negative altered stat

e 🎅 can cause you</p>

<p>to make bad decisions that you would not normally make. Essentially, w

hen you are</p>

<p>tilted, you play 🎅 poorly and make bad decisions at the table

that you normally wouldn t</p>

<p>make due to your emotions and altered state 🎅 of mind, affect

ing your ability to think</p>

<p>clearly.</p>

<p>Tilt is commonly associated with taking a bad beat or losing a massive

🎅 pot.</p>

<p>however, a number of other things can cause a poker player to tilt, su

ch as losing</p>

<p>multiple hands in 🎅 a row, being dealt cold cards over a long

period of time, simply</p>

<p>getting annoyed by a particular opponent at 🎅 the table or fa

ctors outside of poker in a</p>

<p>person s life.</p>

<p>We All Tilt</p>

<p>Nobody is completely immune to tilting, period. We 🎅 are all&

t.</p>

<p>susceptible to psychological downswings and we all get frustrated and

upset at the</p>

<p>table from time to time even 🎅 the best players in the world.

However, we can reduce the</p>

<p>impact that tilt has on us by understanding its 🎅 causes and

proactively combating tilt</p>

<p>when it occurs.</p>

<p>How Long Does It Last?</p>

<p>The answer is it varies from person to person.</p>

<p>🎅 For one person, it may last only for a single hand or a sin

gle session. For others, it</p>

<p>may last 🎅 weeks or months. Imagine if you take a really bad

beat one hand and the very</p>

<p>next your win an 🎅 even larger hand well, in that small mom

ent of time, you will most</p>

<p>likely go from an unpleasant tilted 🎅 state to a very happy a

nd pleasant state. Now</p>

<p>consider being on a 25,000 hand downswing over a period of 🎅

three weeks. During these</p>

<p>three weeks, you may begin to question your ability to win and lose mo